



# Keep up with eye exams and eyewear with MetLife Vision Insurance.

Flexible benefits that may save<sup>1</sup> you money.

Vision insurance can provide important benefits for you and eligible family members.<sup>2</sup> MetLife Vision Insurance with the **Davis Vision®** network includes coverage for routine eye exams, glasses, contact fittings, evaluations and lenses, plus access to a discount<sup>3</sup> on LASIK.<sup>4</sup>

## You asked. We Answered.

### Why sign up for vision insurance? Find out with some FAQs.

#### Why should I enroll?

**A.** Even if you don't wear glasses or contacts, regular visits to your eye doctor may **help contribute to your overall health**. A comprehensive eye exam isn't just about updating your glasses — it's a powerful tool for detecting early signs of serious health conditions like diabetes and heart disease.<sup>2</sup>

Eye exams are important for people of all ages, especially children, as many vision and health issues can happen at any stage in life.<sup>2</sup> Catching these signs early can help lead to faster diagnosis, quicker treatment and improved overall health.<sup>2</sup>

#### How can a vision plan help me save money?

**A.** Eyeglasses and routine eye exams can be more expensive than you may think. With MetLife Vision Insurance, you can save<sup>1</sup> on routine eye exams, glasses and contact lenses.

#### When can I enroll?

**A.** You can enroll during your **open enrollment period**.

#### Can I choose my own eye care professional?

**A.** You can **go to any licensed eye care professional**. Choose from thousands of participating professionals at private practices or popular retail locations,<sup>5</sup> including Warby Parker, LensCrafters, Target Optical, Costco Optical, Walmart Vision, Sam's Club Optical and more.<sup>6</sup> Enjoy lower out-of-pocket costs when visiting a participating vision care provider.

You can also visit online in-network eyewear stores, including Glasses.com, Warby Parker, 1-800 Contacts, Target Optical, LensCrafters and ContactsDirect.<sup>6</sup>

If you choose an out-of-network provider, you may have increased expenses, will need to pay in full at the time of services, and will need to file a claim with MetLife for reimbursement.

#### How can I find a participating eye care professional?

**A.** You can find a participating eye care professional using the Find a Vision Provider tool at metlife.com. Select *Find a Vision Provider*, choose *Davis Vision* as the network, complete the information requested and hit the *Search Now* button.

**Regular visits to your eye care professional** can help protect your eyesight and may help to identify chronic medical conditions.<sup>2</sup>

## What if my eye care professional is not in the Davis Vision network?

### A. You can go to any licensed eye care professional.

You can find a participating eye care professional by using the Find a Vision Provider tool through MyBenefits. Select *Find a Vision Provider*, choose *Davis Vision* as the network, complete the information requested and hit the *Search Now* button.

If you choose an out-of-network provider, you may have increased expenses, will need to pay in full at the time of services, and will need to file a claim with MetLife for reimbursement.

## What kinds of frames are available in my plan?

### A. Choose the eyewear that's right for you and your budget. Take advantage of a selection of fully covered frames, plus get access to the Davis Vision Exclusive Collection,<sup>7</sup> with coverage on designer frames for \$40 or less and with a one-year breakage warranty.

The Exclusive Collection includes 222 designer, fashion and premier frames from brands including FILA, Jones New York, Oscar by Oscar de la Renta and Perry Ellis,<sup>6</sup> with new styles added every year.

## What services are covered under my plan?

### A. Routine eye exams, frames and lenses are available with your plan. Your plan also offers lens enhancements,<sup>8</sup> including, but not limited to, polycarbonate (shatter-resistant) lenses, ultraviolet (UV) coating, scratch-resistant and anti-reflective coatings, and progressive lenses.

## What discounts can I get with my plan?

### A. Your plan includes access to a discount<sup>3</sup> on LASIK.<sup>4</sup> Plus, you can get access to a hearing exam and a discount<sup>3</sup> on hearing aids.<sup>9</sup>

## How do I access plan information online?

### A. Securely register on MetLife's MyBenefits website at [metlife.com/mybenefits](https://metlife.com/mybenefits) to view your claims, print your digital ID card, review information about your plan and more.

## Do I need an ID card?

### A. No. You do not need an ID card to schedule an appointment or receive services. While ID cards aren't required, digital ID cards will be available to you through MyBenefits. When visiting a participating vision provider without an ID card, please be prepared to provide your name, school name and student ID number.

## What should I tell my provider at my next vision care appointment?

### A. At or before your next vision care appointment, please let your provider know your vision benefit is MetLife Vision Insurance with the Davis Vision network. Or simply show your digital ID card (available on MyBenefits) provide your name, school name and student ID number to look up your vision plan.

**For more information about your MetLife Vision benefits, please refer to the plan summary.**

**Enroll today.**

**Questions? Call the Student Support Team at 877-247-8817**

1. Your actual savings from enrolling in a vision plan will depend on various factors, including the plan chosen, plan premiums, number of visits to an eye care professional by your family per year, and the cost of services and materials received. Be sure to review the Schedule of Benefits for your plan's specific benefits and other important details.
2. In Plain Sight: Examining America's Eye Health Challenge and How to Solve It, 4th Annual Vision Wellness Study, Versant Health, 2025.
3. Discount off retail. Not all providers participate in vision program discounts, including the member out-of-pocket features. Call your provider prior to scheduling an appointment to confirm if the discount and member out-of-pocket features are offered at that location. Discounts and member out-of-pocket are not insurance and subject to change without notice.
4. The Davis Vision network provides you with the opportunity to access discounted laser correction services. Laser vision correction services are administered by QualSight, LLC, and may not be available in all service areas. Davis Vision makes no representations regarding any services provided by QualSight, LLC. Not everyone will qualify for LASIK surgery. Results will vary. Please discuss outcomes with your eyecare provider.
5. For a list of participating providers, use the Find a Vision Provider tool at metlife.com. Select Find a Vision Provider, choose Davis Vision as the network, complete the information requested and hit the Search button.
6. All product and company names are trademarks or registered trademarks of their respective holders. Use of them does not imply any affiliation with or endorsement by them.
7. The Davis Vision Collection of frames is available at most participating independent provider locations. The collection and pricing are subject to change without notice. Please check with your provider for details and availability prior to receiving services.
8. Lens enhancements are available at participating private practices. Pricing is subject to change without notice. Please check with your provider for details and availability prior to receiving services. Additional discounts may not be available in certain states or at certain retail locations.
9. The Davis Vision network provide you with the opportunity to access discounts with Your Hearing Network. All hearing services are administered by Your Hearing Network and may not be available in all service areas. Davis Vision makes no representations regarding any services provided by Your Hearing Network.

MetLife vision benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Certain claims and network administration services are provided through Davis Vision, Inc. ("Davis Vision"), a New York corporation. Davis Vision is part of the MetLife family of companies. Like most group benefit programs, Davis Vision by MetLife plans contain certain exclusions, exceptions, reductions, limitations, waiting periods and terms for keeping them in force. Please contact MetLife or your plan administrator for costs and complete details.

